

Lauren

of Face Front Inclusive Theatre

Nationality: British
Acting Age: 15 - 27
Hair: Brown
Eyes: Brown
Height: 5ft
Contact: Hello@facefront.org

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Personal Statement

Lauren is a confident, cheerful and very caring young woman with a sharp sense of humour. She loves to dance and is skilled in Street Dance, Afro Beats Dance and Zumba. Her dream is to be a professional actor, and she would love to appear in a soap opera. Lauren is a keen theatregoer and has helped out the entertainers in shows like Grease and Annie whilst on holiday. She is also an ambassador for The Children's Society travel training programme, where she prepared and delivered a presentation for at an awards ceremony.

Education and Training

Year	School/ Company	Course
2015 -	Newham College E6 Beckton Globe	Life skills & Getting Ready for Work Party Make up
2008 - 2015	St Angela's Ursuline E7	BTECs in IT & Applied Science, GCSE in Textiles EL GCSE in English & RE Bronze Arts Awards in Drama Ballet, Tap, Acting Classes Bronze Arts Award (Drama)
2001 – 2011	Deborah Day Stage School	

Photographic Work/Modelling

2006	Downs Syndrome Shifting Perspective Calendar,	
2007	'Shifting Perspectives' exhibition	OXO Tower Gallery
2007 -	'Shifting Perspectives' exhibition Web Advertising campaign	Down's Syndrome Association Barnardos

Professional/Community Theatre/ Dance

Year	Character	Production	Company	Venue
2025	Ensemble	<i>To Be Continued</i>	Blue Sky Actors	The Source
2024	Mermaid	<i>Christmas Island</i>	Blue Sky Actors	Stratford Youth Zone
2024	Ensemble	<i>4x4</i>	Blue Sky Actors	Stratford Youth Zone
2023	Princess Ariel	<i>It's Beginning To Look A Lot Like Ex-mas</i>	Blue Sky Actors	Stratford Youth Zone

2023	Ensemble	<i>Untold Stories</i>	Blue Sky Actors	Stratford Youth Zone
2022	Sage Crew	<i>The Pant-Uh-O That Goes Wrong</i>	Blue Sky Actors	Stratford Youth Zone
2022	Ensemble	<i>Opposite Street</i>	Blue Sky Actors	Stratford Circus
2021	Ensemble	<i>Panto Park</i>	Blue Sky Actors	Applecourt Arts
2021	Trainer	<i>Nice 2 Train You</i>	Blue Sky Actors	Online
2019	Triple Threat	<i>Pantocchio</i>	Blue Sky Actors	Stratford Circus
2019	Ensemble	<i>Charlie & the Awkward Factory</i>		Stratford Circus
2009	Dancer		Candoco	Royal Festival Hall
2008	Ensemble	Oliver		Kenneth Moore Theatre

Various dance productions at Barking Broadway, U-Dance Festival, South Bank Centre, Barking Broadway, Pioneer Dance, Queens Theatre and Stratford Circus Arts Centre.

Radio

Year	Character	Play	Company	Venue
2020	Miss Honey Potts	<i>Radio Blu</i>	Blue Sky Actors	Stratford Circus Arts Centre

Film and TV

Year	Character	Production	Company
2021	Zumba Dancer	TV Advert	Sure
2021	Squid Game Player	The Last Leg	Open Mic Productions
2022	Girl	TV Advert	Bodyform
2020	Self	Out of the Blue	Blue Sky Actors
2020	Ensemble	<i>The Nite B4 GIFmas</i>	Blue Sky Actors
2020	Future Ghost	eBLUENEZER Scrooge	Blue Sky Actors

Performance Skills

Dancing (Street Contemporary, Ballet, Tap, Afro Beat, Salsa), Acting, Public speaking (speech experience Project Search London Borough Newham Celebration Ceremony at Newham Hospital), Comedy Reviewer, Musical Theatre, Swimming, Photographic Modelling

References (on request)

Ray Downing

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Gavin Dent

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